ALLISON M. PRAUL

Woodbridge, VA 22192 | allypraul@yahoo.com | (571) 991-0834

EXPERIENCE

Julie Parker Communications | Social Media Specialist

September 2025- Present

Manage day-to-day operations and content strategy across all internal social platforms •

Develop and execute brand-aligned, authentic content to strengthens visibility and engagement
• Maintain a consistent voice in alignment with brand guidelines for a leading crisis

• Maintain a consistent voice in alignment with brand guidelines for a leading crisis communications and media relations boutique firm serving law enforcement agencies

Syracuse University | Master's Capstone Project

June 2025

Collaborated with team to research, develop, and present a go-to-market and digital content strategy for client, Shanky's Whip • Evaluated audience personas and delivered tailored recommendations to strengthen client's social media strategy

Gatekeeper K9 Rescue | **Social Media & Website Consultant**April 2025- June 2025

Reviewed and evaluated Instagram, Facebook, and website • Provided detailed recommendations and best practices to enhance content and engagement across platforms

SEICon | Marketing, Social Media & Operations Intern October 2024- December 2024

Executed 10+ weekly social posts, strengthening brand consistency and engagement • Drafted personalized email campaigns to engage executives, professionals and potential speakers on upcoming conference • Maintained and tracked engagement using Microsoft Excel to follow outreach strategy

Virginia Tech Athletics | Production Specialist

January 2022- May 2024

Enhanced fan experience, delivering highest quality products on a variety of digital projects and live broadcasts • Operated as graphics insert, A1 audio operator, and associate producer for a range of sports on ACC and ESPN Networks • Worked major events including 2023 NCAA Women's Basketball Tournament and linear broadcast football games

EDUCATION

Syracuse University

July 2024- June 2025

Master of Science: Advanced Media Management

S.I. Newhouse of Public Communications

GPA: 3.92

Virginia Polytechnic Institute and State University

August 2020- May 2024

Bachelor of Arts: Sports Media and Analytics

Minor: Leadership and Social Change

GPA: 3.84

Dean's List (all semesters) Kappa Tau Alpha Honor Society

SKILLS

Creative Tools: Adobe Illustrator, Photoshop, Premiere Pro

Applications: Canva, Figma, Google Workspace, Microsoft Office, Ross Xpression, WordPress

Front-End Development: CSS, HTML, PHP HubSpot Certifications: Digital Marketing, SEO